

Papillion/LaVista Trap Team
Rules and Expectations

We are looking forward to meeting and working with each and every one of you. Thank you to the Papillion Gun Club whom has graciously agreed to help support our team and provide us with a great place to gather and practice. *Located at 16712 So. 87th street just South of Hawaiian Village.*

Coaches Contact Information:

Head Coach William Bennett

Cell: 402-679-5140

Home Phone: 402-861-5180

will.bennett@aits-web.com

Coach Mark Richards

Cell: 402-657-0277

Home Phone: 402-339-5217

mrichardstrap@aol.com

School Contacts:

The contacts for all students at each school building are:

Sponsor	Sponsor	Sponsor	Sponsor
Roger Campbell	William Bennett	Betsy Richards	Ray Wood
Papillion-LaVista South High	Papillion-LaVista High	Papillion Jr.High	LaVista Jr.High

Trap Team Web Site:

<http://www.plvtrap.org> (Check often for updates and additional information)

Code of Conduct:

All students participating in team activities are representing not only themselves, but also their school and community in all their actions. With this in mind, we hope that all of our team members' actions reflect a positive attitude toward each other, our opponents, coaching staff, and the training obligations, which are an accepted part of team activities. There shall be immediate suspension from team activities if it is determined by the coaching staff that a student has broken the laws of the State of Nebraska (except for minor traffic violations); maliciously destroyed property; had possession of or used tobacco, alcohol, or illegal drugs; or has been guilty of other conduct unbecoming a student involved in activities. All violations that constitute "conduct unbecoming a student involved in team activities" should be reported by any team official, student or parent to the coaching staff. Actions taken toward a team member shall be at the discretion of the coaching staff.

Rules & Practices Requirements:

- There must be at least 1 Coach or Assistant Coach and 1 adult on each trap being used before the squad begins practice. This means we need your help – **Remember Safety is our # 1 Priority.**
- Each shooter must have successfully completed a State Hunters Education Course by February 15th 2012 (The Card Number will be needed for shooter registration). See <http://www.ngpc.state.ne.us> and go to the hunting link, then follow it to Programs and Hunter Education
- The shooter must have his or her own 12 or 20 gauge shotgun, (12 gauge preferred) a shell pouch or vest, eye & ear protection, and a shell catcher for those shooting a semi automatic.
- Each shooter is responsible for purchasing their own shells. (Have 4 boxes on hand just in case.)
- The shooters account must be paid up to participate. Either the one time payment, or paid up on the payment plan schedule.
- Competitive shooters are expected to stay for the entire practice. You will be expected to be at practice at the beginning and be there at the end.
- Recreational shooters are expected to come to practice at their assigned time; practice with and work with their assigned squad and then may leave.
- You must make sure that your score cards have been turned into the sign-in desk. This will be how we establish your average and known ability.
- As a student of Papillion/LaVista Schools, and a member of the Titan and Monarch trap team, you are expected to conduct yourselves in a mature and responsible manner both on and off the line. This includes when you are in public, at home, in school or even by yourself.
- We practice Zero Tolerance for those who choose to violate school rules, fall below academic expectations and/or violate written laws of any kind. Act Ethically in all situations
- **Absolutely no guns or ammo on school property!**

Practices and what we will be doing

During most practices we will be focusing on each individual shooter's fundamentals, technique and gun safety. **"Safety will be number one for every shooter"** We plan on helping each shooter by providing informative training sessions, one-on-one instruction, films, simulation drills, as well as live practices. We will try to sharpen your skills and keep your mind focused on what it will take to become a successful trap shooter.

In order to get everything you can out of a practice...."Make Every Shot Count".....

Your coaches are there to help make suggestions to help your shooting ability. Please respect what they are trying to pass on to you and use that information to benefit from it.

"To put it all together over the trap house you have to put it all together in your head first."

Once at practice you are a member of a "TEAM" which means we all help out. At no time should you assume that you can show up, shoot at 50 or 100 targets and go home. Every member of every squad has a job as part of the rotations. If one person fails to do his or her job, the whole system falls apart and practice may come to a screeching halt because of it. Practices work smoothly if we all do our part.

Just as any other team sport, we practice to improve. You need to come to practice with a good attitude, keep that attitude and learn from your mistakes or successes. We will not tolerate team members who are just here to basically hear the gun go "Boom!" Meaning you could care less whether you are hitting targets or not. "Don't waste Your Time, Your Money, and Our Time and Our Efforts." You may be approached by a coach about your bad attitude once, the second time we may be asking you to find a new sport.

At practice we expect ALL shooters to be courteous and respectful to all other team members. There will be NO Chattering and Heckling at other teammates. "We all have bad days just leave it at that."

Always assume we will be holding practice. If practice is cancelled we will send out e-mails and post it on the web site.

2012 Papillion LaVista Trap Team Schedule:

January: 2012

Saturday 28–Registration 11:00 am.

February: 2012

Wed. 1 – Practice 5:00 pm.
Sat. 4 – Practice 11:00 am.
Wed. 8 – Practice 5:00 pm.
Sat. 11 – Practice 11:00 am.
Wed. 15 – Practice 5:00 pm.
Sat. 18 – Practice 11:00 am.
Wed. 22 – Practice 5:00 pm.
Sat. 25 – Practice 11:00 am.

March: 2012

Sat. 3 – Practice 11:00 am.
Wed. 7 – Practice 5:00 pm.
Sat. 10 – Practice 11:00 am.
Wed. 14 – Practice 5:00 pm.
Sat. 17 – ECTC shoot # 1
Sun. 18 – Practice 4:30 pm.
Wed. 21 – Practice 5:00 pm.
Sat. 24 – ECTC shoot # 2
Sun. 25 – Practice 4:30 pm.
Wed. 28 – Practice 5:00 pm.
Sat. 31 – ECTC shoot # 3

April: 2012

Sun. 1 – Practice 4:30 pm.
Wed. 4 – Practice 5:00 pm.
Sat. 7 – ECTC shoot # 4
Sun. 8 – EASTER-NO PRACTICE
Wed. 11 – Practice 5:00 pm.
Sat. 14 – ECTC shoot # 5
Sun. 15 – Practice 4:30 pm.
Wed. 18 – Practice 5:00 pm.
Sat. 21 – ECTC shoot # 6
Sun. 22 – Practice 4:30 pm.
Wed. 25 – Practice 5:00 pm.
Sat. 28 - ECTC Awards shoot
Sat. 28 – Competition shooters -
at Papillion Gun Club 9:00 am.
2012 Cornhusker State Shoot
Thur. May 3 – Jr. High State shoot
Fri. May 4 – Sr. High State shoot
Sat. May 5 - Sr. High State shoot

Awards Program & Fun Shoot May 16th, 2012 – 5:30 pm – 8:30 pm

Equipment Needed & Costs

Gun: Anywhere from \$350.00 to upwards of \$3,500.00 will get you a nice trap gun.

Shell Pouch or Vest: We have shell pouches and vests for sale **\$15.00 - \$40.00**

Shooting Glasses: We have glasses for sale Browning 5 lens system **\$37.50**

Ear Plugs: **\$4.00** for normal plugs. (Custom molded ear plugs appointment needed **\$50.00**)

Barrel Rest: **\$12.00** we have them in stock.

Shell Catchers: For those shooting semi automatics Universal style **\$17.50**, Remington/Beretta **\$15.00**

Shells: Are available for purchase at practice for **\$ 5.50** per box or **\$ 53.00** per case. Typically Sr. high will need 10 cases & Jr. High will need 5 cases for the season.

Note: see Coach Richards for the best places and prices to purchase equipment.

Guns Unlimited is offering a discount on equipment and guns to Trap Team Members -- you must mention this before you pay. At Guns Unlimited let them know that you are a member of the Papillion-Lavista Trap team, and my name, Coach Mark Richards.

TEAM LETTERING REQUIREMENTS:

- Follow Team Code of Conduct
- No more than 4 absences from practice. (practices may be made up)
- Must shoot in at least 5 of the 6 ECTC conference shoots.
- Must shoot at the Nebraska Cornhusker State Jr. / Sr. High School Shoot.
- Have an average of 75 % or higher according to the ECTC average book. (published at the end of the season)
- Or a high school team member for 3 years
- All Senior's will Letter.
- All lettering is at the Head Coaches Discretion.

ECTC AWARDS & REQUIREMENTS:

- You must attend at least 5 of the 6 ECTC Conference shoot to be eligible for awards.
- Jr. and Sr. Academic Excellence Awards (must have a 3.5 GPA or higher for the last two semesters to be eligible for this award.)
- Jr. Male 1st – 3rd All Conference and North Division Teams.
- Jr. Female 1st All Conference and North Division Team.
- Jr. Male & female all Conference and North Division Most Improved.
- Sr. Male 1st – 3rd All Conference and North Division Teams.
- Sr. Female 1st All Conference and North Division Team.
- Sr. Male & Female All Conference & North Division Most Improved.

PAPILLION LAVISTA TRAP TEAM AWARDS:

- Most improved for each team.
- 1st – 5th trophies for each team. (Based on state shoot scores)
- Everyone receives an NRA shooting achievement certificate.